

Sacred Face

facial treatments

New You Facial

60 minutes \$70

Retreat! Escape! Relax! Discover the New You! We double cleanse and steam your skin to prepare for a thorough Dermalogica Face MappingSM skin analysis. After determining your skin type and addressing any conditions such as acne, premature aging, rosacea, dehydration, or pigmentation, we suggest treatments for your visit and your home care regimen. Then we exfoliate, extract, and follow with a delightful, relaxing massage of the face, neck, shoulders and décolleté. We use a customized serum followed by a delicately applied personalized masque. Finally, we tone your skin, introduce a serum booster tailored to your skin type and condition, apply eye care, and moisturize with sun protection.

Sacred Garden Signature Facial

75 minutes \$80

The New You will awaken as from a heavenly dream as you are cuddled in heated mitts and booties to promote circulation. You will be indulged with an exquisite massage of your scalp, neck, shoulders, arms, hands and feet. This is the ultimate facial for relaxation with visible results. You will float away feeling lighter and looking brighter.

For Men Only

45 minutes \$60

We'll start your treatment with deep cleansing, followed by a smoothing exfoliation and extractions. We'll also help release tension with a hand, foot, or shoulder massage while your skin rehydrates with a customized treatment masque.

Back Again

30 minutes \$40

Take a load off with our super-smoothing back treatment designed to rid your muscles of stress and your skin of impurities. A deep-cleansing scrub is followed by extractions and then an aromatherapy massage designed for your back's most stressed-out parts. This treatment will bring you back again.

Specialty Facial Treatments

\$350 for treatment series of 6, or \$80 each

A. Eternally Twentysomething

75 minutes \$80

Does your skin crave hydration to combat dry, sun-damaged skin? Tired of looking at those fine lines and wrinkles? Feel like your skin needs a revitalizing power boost? The Eternally Twentysomething facial uses highly activated alpha hydroxy acids and retinol (vitamin A) to remove dull, lifeless skin cells, and Dermalogica's specialized Contour Masque to firm and tone. Your skin will be noticeably firmer, smoother and revived. A series of treatments will provide astonishing results.

Because we use high percentages of alpha hydroxy acids and salicylic acids for exfoliation, and retinol (vitamin A) to help stimulate new cell growth, you must not be using, or have used in the past month, Retin-A or Renova products. If you are under the care of a doctor or dermatologist or taking prescription medication you must get written permission to be a candidate for the Eternally Twentysomething facial.

B. Sacred Glow

75 minutes \$80

Ready to have a healthy, even glow? Do you want to kiss those sun-spots away once and for all? Help stop your uneven pigmentation at its cause. This treatment, when combined with proper home care, actually regulates pigment production on a cellular level, helping to balance the complexion.

C. Seaweed Four-Layer Facial

75 minutes \$80

Layer upon layer of pure bliss awaits! First we moisturize your face and neck with a vitamin C serum and massage a creamy hydrating formula into your face, neck, shoulders and décolleté. We then apply a masque of concentrated seaweed to soften wrinkles and tone the skin. Finally, a stimulating, self-warming mineral masque draws out impurities. This results in added moisture, toned skin tissue, improved circulation, toxin elimination, and improved skin tone and color. Take rejuvenation to the next level!

To qualify for a treatment series you must follow the prescribed home-care regimen and agree to complete the prescribed number of skin therapy sessions.

Sacred Body

thermal body therapy treatments

Through the benefits of heat and the undeniable power of touch, you'll experience a results-oriented body treatment like never before. Every Sacred Garden body treatment is customized for your skin condition using Dermalogica's Thermal Body Therapy Treatment product line to target your skin's most pressing concerns while delivering an amazing sensory experience.

Mineral Salt Scrub Therapy

45 minutes \$60

Completely customized to reduce stress and energize, this therapy polishes skin to a soft glow while providing critical hydration and nourishment. Mineral sea salts and Seaweed exfoliate, while skin-smoothing enzymes help dissolve dead skin cells naturally for a smooth finish. Natural oils and extracts help stimulate the senses while they cleanse and condition, and the added warmth helps invigorate mind and body.

Power Recovery Therapy

45 minutes \$60

A unique blend of Wheat Protein and Honey act as maximum hydrators while Wasabi, Ginger, and White Tea stimulate blood circulation to promote healthier skin. Customized essential oil blends in a massage medium offer aromatherapeutic benefits, while rich Kukui Nut, Olive, and Grape Seed oils smooth and provide antioxidant protection.

Deep Thermal Therapy with Thermal Stamp

60 minutes \$80

Inspired by the practice of 14th century Thai Therapy, this Thermal Body Treatment utilizes a unique fabric stamp filled with skin-benefiting ingredients and the power of heat to detoxify, remineralize, exfoliate, and relax. Natural earth clays draw out impurities while Tropical Asian Ginger and White Tea stimulate circulation and smooth skin. Deep manipulations along pressure points and the meridian of the body relieve aching muscle tissue and work to rebalance the body.

Nourishing Sea Mud Therapy

45 minutes \$60

Stimulate circulation while soothing skin with this body wrap therapy that promotes skin nourishment. Natural earth clay draws out impurities while tropical Asian Ginger and White Tea stimulate circulation and smooth skin. Customized essential oils provide aromatherapeutic and skin benefits while caffeine provides an all-over toning benefit. Rest in a warming wrap that induces blood circulation, encouraging absorption of nourishing botanicals.

Mud Massage Therapy

45 minutes \$60

60 minutes \$75

A unique and exotic treatment that combines the detoxifying and cleansing capabilities of earth clays with the intensely moisturizing power of natural oils. Olive and Grape Seed oils protect, smooth, and condition while fortifying skin with antioxidants, and a unique blend of Asian herbs stimulate circulation. Your skin is smooth, soothed, and protected.

Body Foliation Therapy[®]

45 minutes \$60

A gentle Oatmeal and Rice Bran powder creates a gentle yet effective exfoliant that whisks away dead skin cells, brightens skin, and helps reduce the appearance of hyperpigmentation. Skin is smoother and prepped for maximum absorption of rich, smoothing botanical oils. You'll leave this therapy with silkier, healthier skin.

Thermal Touch Treatments

20 minutes \$30

Add a Thermal Touch Treatment to your skin treatment or one of our other selections of services. Thermal touches are 20 minute power sessions designed to focus wherever you feel a need for attention. Choose from scalp, décolleté, arms & hands, or legs & feet.

Mind, Body & Soul

massage

And more...

additional services

Sacred Garden Spa Packages*

Massage

30 minutes	\$30
60 minutes	\$50
90 minutes	\$65
60 minutes (Hot Stone)	\$75

Massages are always personalized to each client and include heat therapy, aromatherapy, and purified water. Our therapists are dedicated to relieving pain, alleviating stress, and helping you to forget about it all. Techniques include Swedish, Deep Tissue, Shiatsu, Trigger Point, and Hot Stone.

Friends Massage

60 minutes	\$120
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Massage for those that want to appreciate togetherness while indulging in the ultimate pampering experience. Always includes sparkling apple cider.

Couples Massage

60 minutes	\$150
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Massage for two for that special occasion or just because. Includes candles, flowers, chocolate covered strawberries, and sparkling apple cider.

Feet Treatment

45 minutes	\$50
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Indulge your tired feet in a calming footbath, including a warm soak, scrub, massage and purifying tea tree masque. Choose from a hydrating rose scrub or an invigorating tangerine scrub. Your feet will thank you!

Hair Today Gone Tomorrow

Brow design.	\$15
Brow maintenance	\$10
Chin.	\$12
Upper lip	\$12
Underarms	\$15
Half arm	\$25
Full arm.	\$30
Half back	\$25 and up
Full back	\$35 and up
Chest	\$25 and up
Half leg	\$30
Full leg	\$50
Full leg with bikini	\$75
Bikini	\$25 and up
Brazilian	\$50 and up

Waxing information: Hair must have ¼-inch hair growth (2–4 weeks). Retinol/Retin A must not be used 72 hours prior to or after your service. You must not be taking antibiotics and must avoid the sun and tanning beds for 24 hours before and after service.

Face

Cosmetic application	\$30
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Eyes

Lash Tint	\$20
Brow Tint	\$10
False Lashes (double)	\$15

Ears

Ear Candling (single)	\$30
Ear Candling (double).	\$50

Ear candling is an ancient remedy that gently softens and removes ear wax to relieve earaches, sinus pressure, sore throats, headaches, and swimmers ear. It restores balance and can improve hearing.

Gift Certificates

Gift certificates are available for any occasion. Please ask!

Balance

1 hour 45 minutes.	\$110
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- Signature facial
- Back Again facial

Temple of Well Being

2 hours 15 minutes	\$120
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- Signature facial
- 60-minute massage

Sacred Garden Spiritual Solitude

3 hours 45 minutes	\$230
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Your choice of body treatment, 60-minute massage, signature facial, and footbath.

* 48 hour cancellation notice required on all packages.



Sara Randall
LIC. ESTHETICIAN, CMT

Julian Bass
CERTIFIED MASSAGE THERAPIST

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BY APPOINTMENT ONLY

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Prices and services are subject to change without notice.

24 hours cancellation notice is required. If you fail to give 24 hours notice you will be charged full rate.

Visa, MasterCard and checks accepted.